



January 31, 2024

Local Sober Living Residents Handle Moving Duties for Simone Biles Invitational

HOUSTON, TX - Sharpen Recovery, a Houston, TX-based provider of affordable, quality sober living homes for men and women, received the prestigious honor of being selected to handle all move-in and move-out duties for the 2024 Simone Biles Invitational at the George R. Brown Convention Center. The 4-day project saw dozens of Sharpen residents working hard to ensure a successful competition. Zach Francis, General Manager of World Champions Centre which is the home gym for Simone Biles, selected Sharpen Recovery and its moving company Strategic Moves for this large, multi-day project. "Sharpen has been the best experience we've had with labor working at an event for pre-setup, post-setup functions and I would 100% recommend them to anybody who's looking to have guys come out and just help setup and tear down, move things, doesn't matter what the event type is, just great people who jump right in and make an amazing positive impact," Francis said.

This complex project, which stretched from 1/31/24-2/5/24, required the Sharpen/Strategic Moves crew to work under the direction of Spieth America. Mike Loria, a technician for Spieth America Gymnastics said, "for a group of green people to come in, who don't know anything about gymnastics, and work as hard as they have and get this done in a timely manner, I can't say enough good things. This has been a great experience." Spieth America was the company that supplied and was responsible for all of the gymnastics equipment and apparatus. Sharpen & Strategic Moves Director of Operations Cody Thomas added, "We were honored to have been selected to supply the labor force for this event. The ability for our program participants to come in and work hard, make some money and make a difference was so impactful for them. These are men and women who are focused on recovery, developing a relationship with God and rebuilding their lives. This was a huge moment for them."

Sharpen Recovery opened its first sober living house five years ago, in 2019. In just 5 years, the Sharpen program has expanded to a total of 15 sober living houses serving both men and women. At Sharpen, there is house manager supervision and accountability around each individual's recovery journey, including required recovery meeting attendance, weekly reports, drug/alcohol testing, and more. To date, Sharpen Recovery has helped more than 1,000 men and women along their journey to recovery. Sharpen Recovery homes are located in places such as Richmond, Galveston, Baytown, Spring Branch, Cypress, Sugar Land, Braeswood, Denver Harbor and more.

**For more information about Sharpen Recovery, call 832-709-2373.
Strategic Moves can be reached at 832-684-0385.**